

Connecticut 5 Softball

There is only one set of Little League rules and regulations. All managers and coaches are responsible for knowing the rules and having the rulebook and/or app on them at all games.

The following regulations have been approved by the Eastern Region offices, and must be used:

- Coach pitch softball – see below.
- Minor league softball – see below.
- Major league softball - Little League softball rulebook, mercy rule, continuous batting order for interleague play
- Junior league softball - continuous batting order, mercy rule
- Senior league softball - continuous batting order, mercy rule, unlimited substitutions

Connecticut 5 Softball Interleague Guidelines

- Manager should meet with their parents in order to inform them that they are representing their leagues and towns. They should be informed that they are to show proper respect for others. They must adhere to the rules of the league that they are visiting i.e. parking no smoking no drinking, etc...
- It is imperative that coaches make every effort to field the team for each scheduled game.
- All games should be played with the best efforts and attitude that the team has to offer.
- The home team responsibilities a confirm game time and date with opposing manager three days before the game provide umpires and game balls, groom field according to Little League guidelines and insure safety of players and notify opposing manager, and Umpire if a game will be canceled.
- reschedule canceled games or ask ADA for assistance Ensure availability of restroom facilities.
- Both teams are responsible for cleaning the dugout after each game
- If a scorekeeper is not available the home teams book will be the official book and kept in the dugout.
- If a coach manager or player is ejected from a game that player, coach or manager is suspended from the game and may not be present at the location of the game 4.06, 4.07, 4.08. If ejected a second time the district will notify the persons league of the ejection and recommend the person be removed as a player, coach or manager.
- No manager, coach or player shall leave the dugout without permission of the umpires.
- There shall be no smoking in or around the dugout, bullpen, field or stands.
- A player with a catcher's helmet with a dangling throw guard may warm up the pitcher.
- Five runs will be the maximum allowed to the offensive team per inning, except the last inning, which will be said by the umpire at the top of the inning.

Coach Pitch Softball Connecticut D5 Rules for Interleague Play

- The offensive manager/coach who is pitching will be responsible for umpiring the entire field.
- No player may play a single position more than two innings in a game.
- continuous batting order will be used if a player becomes ill during the game the team will skip over that spot in the lineup, the player may reenter into the game with no penalty. Suggestion: reverse the batting order for example the numbers one through 10 and the next inning that the order in reverse order 10 through 1
- If a player is out i.e. tag or force out a player must leave the field.
- There are unlimited number of outs with continuous batting, once the offensive manager/coach/umpire called five strikes, a tee will be put in front of the batter.
- There is no walking a batter. Please use coaches discretion to put up the tea.
- All pitches must be delivered underhand.
- All games have a time limit of 90 minutes
- No mercy rules apply that the whole lineup to a half in regardless of the number of girls in the lineup.
- No player will sit on the bench more than two innings per game.
- The play will stop when infielder has control of the ball in the infield, and is not attempting to make another play on a runner.
- Four outfielders or allowed.
- If an adult pitcher is accidentally hit a ball the ball is alive. if the adult pitcher intentionally interfered the ball, the lead runner is out unless the adult was protecting the player for safety reasons.
- The child pitcher must remain in the circle and behind to the side of the adult pitcher (the player needs to see the ball and the batter)
 - For clarification, the adult pitcher must deliver all pitches in the game unless a tee is used.
- There is no leading or leaving the base early. If a Player leaves early send a player back to the base.
- If the ball is hit into play and a runner is halfway between bases, she will be permitted to advance to the next base. If not, the player must return to the last base touch unless occupied.
- One or two defensive coaches will be allowed in the grass portions of the outfield. These coaches instruct for clarification.
- There are two coaches and adult pitcher and an adult base coach are the only coaches allowed on the field note there must be an adult in the dugout.
- Sliding is encouraged there is an overthrow the players allowed.
- There is no keeping score in coach pitch Softball.
- each team was responsible to clean up their dugout after the game use 11-inch incredible balls, soft stitch softballs.
- One manager and three coaches.
- No jewelry.

- Optional: the last two games of the season, a player may pitch to the batters. If team A uses a player pitcher, team B does not have to use a player pitcher. It must be the same player for the whole inning the pitcher can continue to throw until she throws more than four balls at that time the coach manager will pitch.

Minor-League Softball Connecticut D5 Rules for Interleague Play

The 2024 Little League season play rules and regulations shall cover all interleague play for all Connecticut D5 minor league softball games except for the following:

- There shall be a continuous batting order.
- Five runs will be the maximum allowed to the offensive team per inning, except the last inning, which will be said by the umpire at the top of the inning.
- There are no walks in this division when the count is at Ball for the coach will come into pitch. The pitcher must stay in the circle near the coach so that she can feel the ball if hit to play. When the next batter comes up, the player pitcher returns as the pitcher.
- Two adult base coaches are permitted for the offensive team but a coach must remain in the dugout with the scorebook and players.
- Four defensive outfielders are permitting, if a 10th player comes into the game late the team is allowed to put her in the field. The defensive limit, however, is permitted to play with three outfielders.
- Both teams do not have to play by the same number of girls in the outfield. One team may play four outfielders, while the other may choose to use three outfielders.
- There is one base at a time on the steal.
- The host team is responsible, providing the umpire and game balls.
- 11-inch softballs.
- pitching distances is 35 feet.
- run as much as you want on an overthrow except on the steal no advancing an extra base on an overthrow of a steal.
- The play is dead when the ball is in the pitch circle regular softball rolls.
- No jewelry.